



Retiree Reflections, Ruminations, and Ramblings (R<sup>4</sup>)

Issue #8 (June 2020)

### **Special Edition: Coping with COVID**

There is not a lot to report since the last R<sup>4</sup> issue, since the pandemic continues to keep most of us pinned down. While acknowledging that we are in a vulnerable age group and appreciating that the forced isolation may be quite difficult for those living on their own, I can't help feeling that in some ways we are also a fortunate group. We aren't worrying about losing our jobs and salaries and we are used to moving at a leisurely pace. For many of us, the day to day routine hasn't changed all that much – apart from washing our hands non-stop and remembering to grab a face mask as we head out to do our shopping (for more toilet paper and wine).

Since research has long demonstrated that laughter is the best medicine, most of this issue will be devoted to foolish content, most of it related to the pesky pandemic. First, though a bit of more serious information.

#### **Your Website**

Please don't forget to check our website ([www.slcretirees.weebly.com](http://www.slcretirees.weebly.com)) periodically, as it continues to be updated regularly and is a good source of information on matters relating to the college and/or your colleagues from that connection. Recently, for example, the website has provided information on the plans for the new academic year commencing in September and it offers a link to the weekly college news publication. It also shares information when colleagues pass on, with the latest loss being David Stewart. I commented on his obit at the website by recalling that he claimed his greatest failure at the college was “not being able to persuade George Macmillan to lower the hutch to the printing department so that staff could see over it while on their knees begging for supplies.”

I do wish our members would use the website to offer comments – not only with reference to those who have died but also with respect to any of the issues that may be covered there. If you don't find it easy to post something yourself, just send an email to [slcretirees@gmail.com](mailto:slcretirees@gmail.com), and we will make the posting for you. It is **your** website and it is a great way to connect during these difficult times, so please consider making more use of it.

And now on to the silly stuff you have been waiting for....

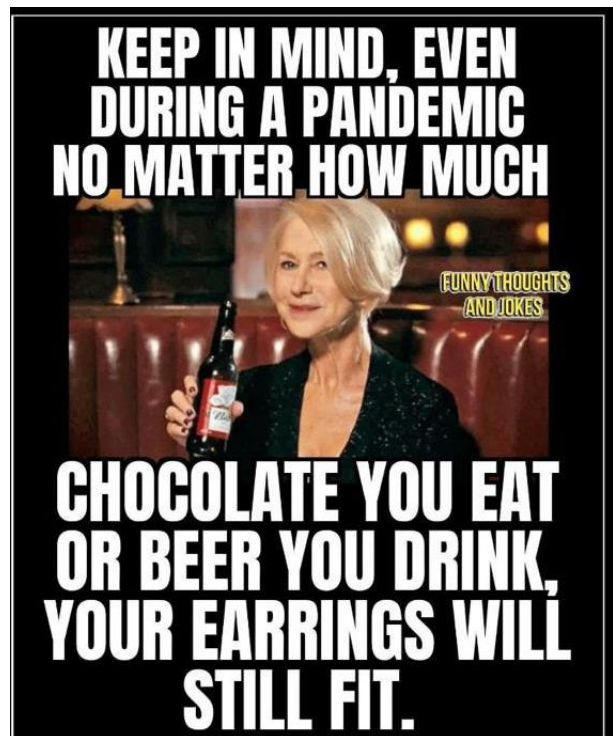


**The official mascot of 2020.**  
Washes his hands incessantly.  
Always wears a mask.  
Rearrange the letters in racoon,  
it spells CORONA!



On average, a Panda feeds for approximately 12 hours per day.  
This is the same as an adult at home under quarantine, which is why we call it a "Pandemic"

**Dear Lord,  
Please don't let Brussel Sprouts  
be a part of the cure of Covid-19 Virus.**

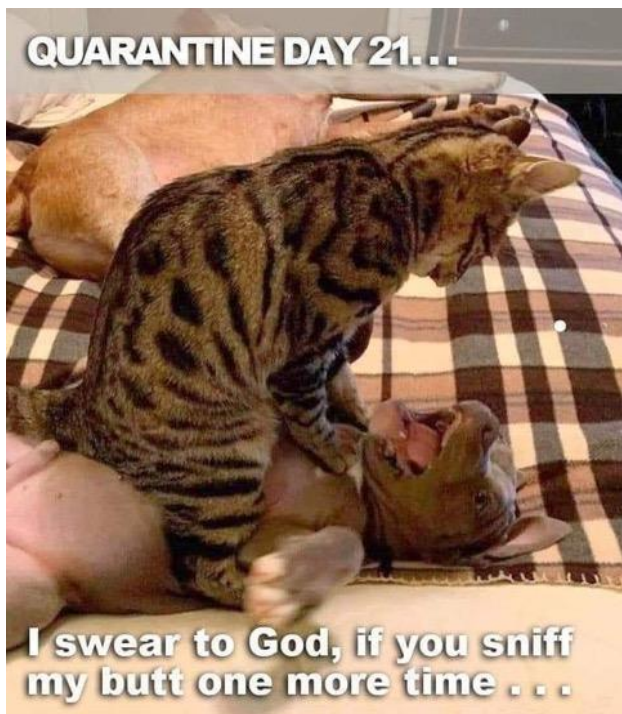
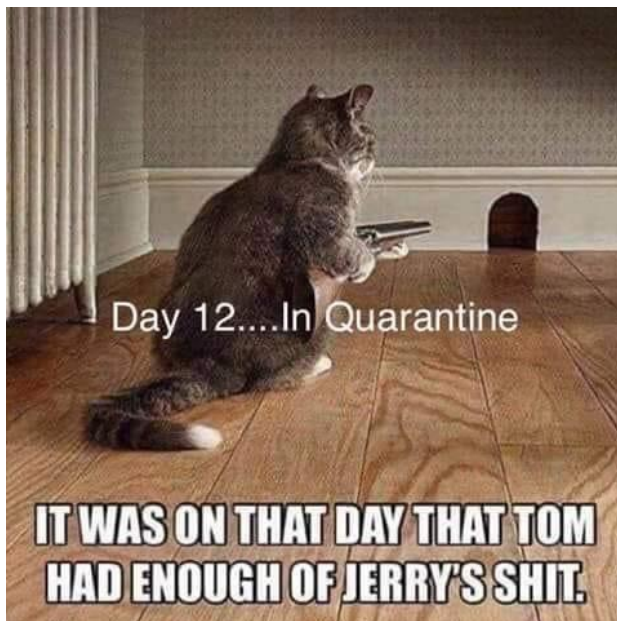


**KEEP IN MIND, EVEN  
DURING A PANDEMIC  
NO MATTER HOW MUCH**

**CHOCOLATE YOU EAT  
OR BEER YOU DRINK,  
YOUR EARRINGS WILL  
STILL FIT.**

**The longer  
I stay home,  
the more  
homeless  
I look.**

**I trained my dog to  
fetch beer. It may  
not sound too  
impressive but he  
gets them from the  
neighbor's fridge.**



**Lockdown can only  
go 4-ways. You'll  
come out a monk, a  
hunk, a chunk or a  
drunk. Choose  
wisely. 🤔**

**DUE TO THE  
QUARANTINE, I'LL  
ONLY BE TELLING  
INSIDE JOKES.**